

# **SEN LINES THAI MASSAGE**

## **Aim of Course**

**Sen Lines Traditional Thai Massage** builds a strong foundation for students the knowledge of ancient Thai massage positions cover the entire body-total 158 positions plus a full day of 2 hour full body massage training. In general, it takes 3 weeks in normal learning to cover all positions; however it is possible at AIMSPA ACADEMY, with the teaching system of clear demonstrations. The first demonstration, teacher gives clear- details explanation, the second demonstration shows smoothness and sequences and to enforce learning. Students follow the teacher's teaching and refer to precise text-manual. TMC curriculum, Foundation of Thai Massage covers whole body massage positions of head, neck, shoulder, facial, back on side lying, back massage face down, arm, abdominal, leg, stretching and ending of session.

In break down short version of demonstrations, students practice in pair following the detail and precise clear instruction in the manual, teacher is closely supervises to correct and support students in every step. Thus, students are able to learn and absorb all 158 positions—a full body massage session in 2 WEEKS learning. Students also learn general knowledge on Thai massage regarding safe practice, cautionary area and contraindication to massage.

## **Entry Level**

A person displaying a high level of interpersonal skills, excellent communication and listening skills, empathy, patience, tact, diplomacy and time keeping with a well groomed appearance and a mature disposition

## **Duration**

Monday – Friday 2 week (40 hours)

## **Examinations**

The academy will conduct examinations towards the end of the course

Practical : 120min

Theory : 60min

## **Course fee**

INR 18,000